

Minute of Remembrance for Julius Alvin Polgar  
February 23, 2007 - November 11, 2022  
Celo Friends Meeting

Our meeting was deeply hurt by the suicide of the 15 year old son of our attendees Jennifer Dorfield and Jonathan Polgar and brother to Jenevieve Polgar. In public, Julius was usually spunky, quirky, goofy and/or mischievous. He often made those around him laugh. Julius also had a quiet, mature and serious side. One of his close friends stated: "He was a person you felt like you could always talk to, but you didn't need to cuz he always made your day better." Through his outward jubilant persona, Julius hid the depths of his pain.

Julius was growing his talents as an artist, carpenter, and musician. He was involved in community theater, high school theater and marching band. His high school recently chose and performed the play "The Never Ending Story." They chose the play for Julius and stated that he has a "never ending story." Julius' community theater also honored him by creating a comfortable space called "The Loft."

Parents Jennifer and Jonathon wrote a message to teens in Julius' obituary which may be helpful to anyone who reads it:

"This is not the usual obituary: it's a message to all other teens who are struggling - with depression, with alienation, with believing you just don't fit in, that you're all alone. You are not alone. And for those who read that and thought "He doesn't know me, I actually am alone," yes, I am talking most of all to you. You will find your support only if you reach out. Look for the helpers. The first person you test these waters with may not be the one who is ready to hear you, but try again. Any mistake about who or when to talk to someone can be repaired. Suicide is a mistake with no repair."

Celo Friends Meeting writes this Minute in honor of Julius Polgar, his mother, father, sister and all teens who are struggling with depression.